Having walked LOITER numerous times, here is an average of Chris Bailkoski's timings, measurements and distances for the route:

Tink Flaherty:
(2) Mancunian Whispers (extracts)

Parham Ghalamdar:
(3) Mechanical Sisyphus No. I

4 Mechanical Sisyphus No. 2
Juliet Davis-Dufayard: watching the moon and jets crossing and recrossing the clouds
5 Human Layers (sound for a park)
(6 Travelling Species (sound for an urban wasteland)
7 I entered a crowded room and held my breath
(sound for a passageway alongside Cathedral grounds)
8 There is a gaze, finally, to see your closed eyelids (sound for a public square)
(9) Interlude (don't touch me now) (sound for a busy street) (0) Out at Fire Island (sound for a quiet bridge)

Parham Ghalamdar:
(1) Glitching Yard 2020

Christian Selent
(2) Idle Thoughts


Distance km: 4.3
Steps: 6,129
Time: 1:45:51

